RELATIONSHIPS EDUCATION

MODULE E
Online Relationships

O33 - Rules of staying safe online

Year 1
Summer Term: Lesson 2

Lesson Overview

Lesson 2: Rules of staying safe online

Engage & Activate

Whole Class & Paired Activities

Why use the internet?

10 minutes

Explore & Explain

Whole Class Activity

Staying safe online

15 minutes

Elaborate & Reflect

Whole Class Activity

True or False?

25 minutes

Evaluate & Review

Group & Paired Activities

Being truthful

10 minutes

Lesson Plan

Lesson 2: Rules of staying safe online

Aim — To understand the rules of staying safe online

Lesson Objectives — In this lesson pupils will:

Recognise the importance of using the internet to communicate

Learn the importance of reporting to adults when they feel unsafe online

Explore how to safely use the internet

Learning Outcomes — By the end of this lesson pupils will have:

Discussed some of the different reasons the internet is used for

Considered some of the rules for online safety

Categorised statements about internet safety as true or false

Key Vocabulary

| stranger | personal information | internet | online |

Resources

| Video | Pens / Pencils | Resource sheets |

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Lesson Plan

Lesson 2: Rules of staying safe online

Whole Class & Paired Activities

Why use the internet?

Display the images from **Resource 1**.

Ask pupils: Can you name these items?
(computer, mobile phone, laptop & tablet)

Ask pupils: Why do people use them?

Inform pupils that they can all be used to access the internet.
(Note: A demonstration of the internet can be given here.)

Give pupils **2 minutes** to discuss with their partner: What do you use the internet for?

Lesson 2: Rules of staying safe online

Resource 1

Internet images for display

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Take feedback from the pupils and **write** their suggestions on the whiteboard. Possible reasons could include:
- Playing games
- Sending messages
- Looking at interesting pictures

Explain that using the internet has become a big part of everyday life for many people, therefore it is important we know how to be safe when we are online.

Introduce learning objectives and learning outcomes.

Use children friendly alternatives.
In this lesson I will:
- **Find** out why we use the internet
- **Know** it is important to tell an adult if I feel unsafe online
- **Discuss** how to use the internet safely

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Lesson Plan

Lesson 2: Rules of staying safe online

Whole Class & Paired Activities

Why use the internet?

Discuss key vocabulary and **share** definitions.

stranger	a person you don't know
personal information	information about yourself that lets people know who you are, for e.g., your name, address etc.
internet	connects people all around the world
online	going on the internet

Lesson Plan

Lesson 2: Rules of staying safe online

Whole Class Activity | Staying safe online

Inform pupils that they will **watch** a short video about staying safe online.

Ask pupils to **listen** and **watch** carefully for the **six** important rules that will be mentioned in the video.

Play the video, **pause** after each rule is shared and **ask** pupil to share the rule.

https://www.youtube.com/watch?v=PtfEnh0gbbU&ab_channel=BornInTheUSA

Ask and **discuss** the answers to the following questions:
- What is personal information? (Information that helps people identify you, for e.g., your real name, birthday, name of your school, where you live etc.)
- Are people you meet online always who they say they are? (No, people online are strangers.)
- How do you think Ash feels when Sal shares a picture of him falling on the internet?
- Is it ok to be a bully if you can hide behind a screen? (No, the same rules apply online as they do in real life in the playground, always be kind and respectful to each other.)

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Lesson Plan

Explore & Engage

Lesson 2: Rules of staying safe online

Whole Class Activity

Staying safe online

Display Resource 2 and **discuss** and recap the **six** rules covered in the video, elaborating where necessary.

Lesson 2: Rules of staying safe online

Resource 2

Online safety rules

- Keep personal information safe.

- Never meet up with someone you've met online.

- Only talk with friends you know in real life.

- Ask before you share photos of others.

- Be kind to others.

- Always ask an adult to go online with you, they can help you find what you need.

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Lesson Plan

Elaborate & Reflect

Lesson 2: Rules of staying safe online

Whole Class Activity

True or False?

Ask pupils to sit in a circle.

Inform pupils that they are going to **play** a game that involves good listening skills.

Give pupils a pair of response cards (**Resource 3a**).

Inform them that you will read out some sentences. On the count of **three**, if they believe the sentence is **true**, they must hold up the **green** card and if they believe it is **false**, they must hold up the **red** card.

Read out the statements one by one, using the teacher comments to aid any discussions needed (**Resource 3b**).
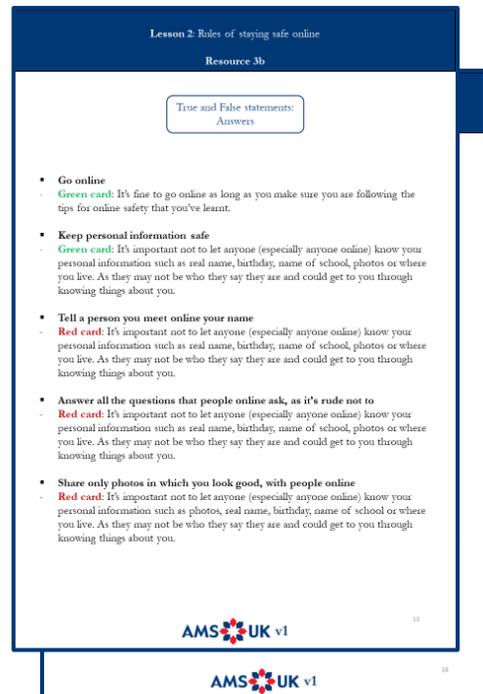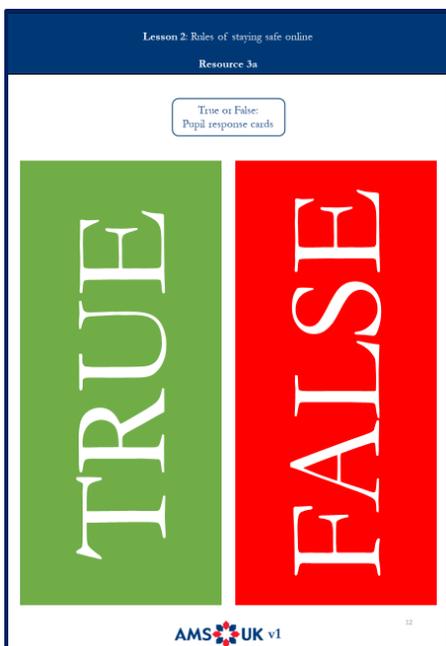
Lesson Plan

Lesson 2: Rules of staying safe online

Group & Paired Activities

Being truthful

Read the hadith to the class:

The Messenger of Allah ﷺ said:
'I enjoin you to be truthful, for truthfulness leads to righteousness and righteousness leads to Paradise.'

Bukhari

Inform students that 'righteousness' is a big word which means doing good actions.

Ask pupils to discuss in groups: What is the Prophet ﷺ asking us to do in this hadith? (To be truthful.)

Explain that if something happens online which makes them feel unsafe or uncomfortable, or if someone does something online which they shouldn't have, it is important for them to tell a trusted adult such as parents or teachers – this is a good action.

Review learning by referring to learning objectives and learning outcomes.

Pose questions to check understanding and clarify misconceptions using **think, pair, share**:

- Why do people use the internet?

- What are the **six** rules for staying safe online?

- What should you do if something happens online that makes you feel unsafe?

- Give me **three** examples of 'personal information'.
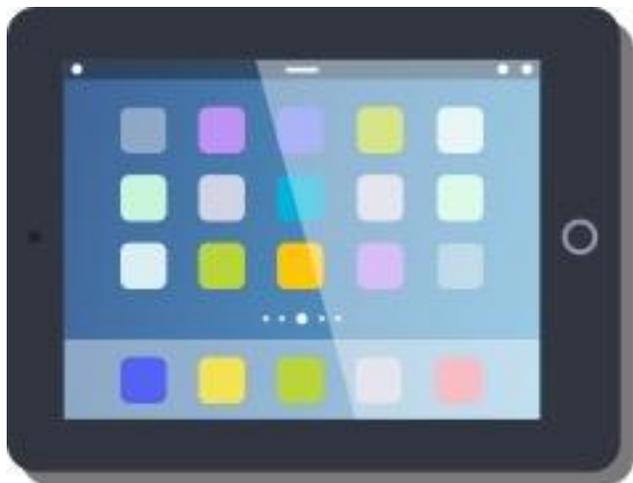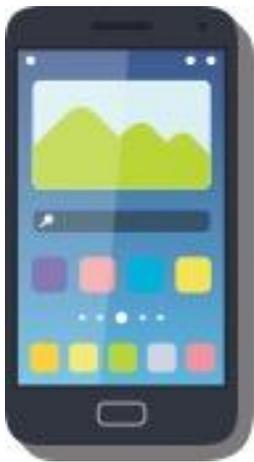
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Internet images for display

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Online safety rules

- **Keep personal information safe.**

- **Never meet up with someone you've met online.**

- **Only talk with friends you know in real life.**

- **Ask before you share photos of others.**

- **Be kind to others.**

- **Always ask an adult to go online with you, they can help you find what you need.**

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True or False:
Pupil response cards

TRUE

FALSE

> True and False statements:
> Answers

- **Go online**
- **Green card**: It's fine to go online as long as you make sure you are following the tips for online safety that you've learnt.

- **Keep personal information safe**
- **Green card**: It's important not to let anyone (especially anyone online) know your personal information such as real name, birthday, name of school, photos or where you live. As they may not be who they say they are and could get to you through knowing things about you.

- **Tell a person you meet online your name**
- **Red card**: It's important not to let anyone (especially anyone online) know your personal information such as real name, birthday, name of school, photos or where you live. As they may not be who they say they are and could get to you through knowing things about you.

- **Answer all the questions that people online ask, as it's rude not to**
- **Red card**: It's important not to let anyone (especially anyone online) know your personal information such as real name, birthday, name of school, photos or where you live. As they may not be who they say they are and could get to you through knowing things about you.

- **Share only photos in which you look good, with people online**
- **Red card**: It's important not to let anyone (especially anyone online) know your personal information such as photos, real name, birthday, name of school or where you live. As they may not be who they say they are and could get to you through knowing things about you.

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> True and False statements:
> Answers

- **Let online people know when it's your birthday so that you get lots of presents**
- **Red card**: It's important not to let anyone (especially anyone online) know your personal information such as real name, birthday, name of school, photos or where you live. As they may not be who they say they are and could get to you through knowing things about you.

- **Not meet up with someone from online as they are strangers and may not be trustworthy**
- **Green card**: It's important to let trusted adults know if someone from online asks to meet up with you. It is important to never do this as it is extremely dangerous to do so.

- **Talk online only with friends you know in real life**
- **Green card**: Real life friends are those that you know and are not strangers, so it's fine to talk with them online as well.

- **Always be kind to others online (and in real life), and never bully or hurt anyone**
- **Green card**: It's not right to bully anyone online or in real life.

- **Let your best friends know your passwords**
- **Red card**: No one should know your passwords other than your parents. Try to also remember your passwords and not write them down so that anyone you don't want having them, gets them.

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True and False statements:
Answers

- **Create a password that is easy for you to remember but difficult for others to work out**
- **Green card**: This is the most appropriate thing to do regarding creating passwords.

- **Keep all personal information about you to yourself and don't share this with anyone online**
- **Green card**: It's important not to let anyone (especially anyone online) know your personal information such as real name, birthday, name of school, photos or where you live. As they may not be who they say they are and could get to you through knowing things about you.

- **Ask a trusted adult to go online with you**
- **Green card**: It's always good to have someone who knows about how to be safe online, go online with you. Try to ask your parents.

- **If something happens that makes you feel unsafe or uncomfortable, deal with it and do not tell an adult**
- **Red card**: Always tell a trusted adult if something happens that makes you feel unsafe or uncomfortable.

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