

RELATIONSHIPS EDUCATION

MODULE D Being Safe

O30 - Responding safely and appropriately
to unknown adults, including online

Year 4
Summer Term: Lessons 1-2



Lesson Overview – Double lesson

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Engage
&
Activate

Whole Class & Group Activities

‘Stranger Danger’ scenarios



40 minutes

Explore
&
Explain

Whole Class Activity

Thumbs up/Thumbs down



35 minutes

Elaborate
&
Reflect

Whole Class Activity

Research support



25 minutes

Evaluate
&
Review

Whole Class & Paired Activities

Safety in Islam



20 minutes

Lesson Plan

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Aim

To recognise how to respond safely and appropriately to unknown adults, including those we meet online

Lesson Objectives

In this lesson pupils will:

Explore how to respond safely to strangers in a range of scenarios

Consider how to deal with strangers online

Discuss where to get support and advice if they are worried about online safety

Learning Outcomes

By the end of this lesson pupils will have:

Evaluated how to behave in various 'Stranger Danger' scenarios

Discussed what should and shouldn't be done in situations involving unknown adults

Identified where they can get support regarding being safe online

Key Vocabulary

scenario

stranger

safe

appropriate

Resources



Resource sheets



Pens / Pencils



Internet



Video

Lesson Plan

Engage
&
Activate

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Whole Class & Group Activities

'Stranger Danger' scenarios

Introduce learning objectives and learning outcomes.

Discuss key vocabulary and **share** definitions.

Prepare beforehand by **placing** one folded 'Stranger Danger' scenario' (**Resource 1a**) on each table in the classroom.

Inform pupils that in the middle of their table they have a **scenario**, they have **10 minutes** to **read** it and **prepare** a short role-play on how they would react in the given scenario.

Each group takes it in turns to **perform** their role-play in front of the rest of the class.

After each performance, **discuss** whether the pupil's response to the stranger was appropriate or not.

Use **Resource 1b** to support the discussion.

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Resource 1a

'Stranger Danger' scenarios

- 1) While waiting for the bus at school, you are approached by a stranger who says, 'Your mother is sick, and she asked me to come pick you up and take you home.'
- 2) You are home alone and the doorbell rings.
- 3) You are playing an online game and the player is asking for your real name.
- 4) You are riding your bike in your local area and a car starts slowly following you.
- 5) You are playing outside when a stranger driving by stops and asks if you have seen his lost dog.
- 6) You are playing at a park and a stranger calls you over by name to come and talk to him.

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Key vocabulary

scenario	a sequence of events especially when imagined
stranger	a person you don't know or aren't familiar with
safe	protected from danger
appropriate	suitable for the circumstances

Lesson Plan

Explore
&
Explain

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Whole Class Activity

Thumbs up/Thumbs down

Watch the following video: 'Protect Yourself Rules – A Friendly Stranger' (3.03)

Ask: What did you learn from the video?

Ask: Has this happened to you or anyone you know? What did you or the other person do?



Watch the video: <https://www.youtube.com/watch?v=SY7RhBszp0k>

'Thumbs up/Thumbs down' activity: An empty space is required for this activity.

Prepare 'Thumbs up/Thumbs down' cards from **Resource 2a** beforehand.

Ask pupils to sit in **one** big circle.

Place the 'Thumbs up/Thumbs down' cards in the middle of the circle.

Lesson Plan

Explore
&
Explain

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Whole Class Activity

Thumbs up/Thumbs down

Inform the class that they will each get a turn to go to the middle of the circle, **pick** a card and **read** it aloud to the rest of the class.

Each card has a different statement on it about how to respond to unknown adults. If pupils **believe** they should do what is on the statement, after a teacher countdown from **five to one**, they put a **thumbs up** in the air, and if they believe it shouldn't be done, they put a **thumbs down** in the air.

Discuss responses as needed using **Resource 2b** for support.

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Resource 2a

"Stranger Danger" scenarios

1) Change your password regularly	2) Accept phone calls and texts from strangers	3) If a car follows you, run in the opposite direction
4) Talk to a trusted adult if you feel unsafe or uncomfortable	5) If a stranger grabs you, attract attention any way you can	6) Open the door to a stranger if you are alone
7) Open the door to a stranger without permission	8) Use strictest privacy settings for all your social media	9) Meet in person with people you met online
10) Limit how much you go on social media	11) Get into an elevator on your own with a stranger	12) Return a mean message from someone online with an equally mean reply
13) Keep passwords private except from your parents	14) Accept a friend request from a person you don't know in real life	15) Be polite but firm in saying, 'no' to something that makes you feel unsafe or uncomfortable
16) Hide your name and surname on your things	17) Say no-one is at home	18) Send pictures of yourself to strangers
19) Answer all the questions someone is asking (including online) so as not to be rude	20) Download things without permission	21) Get up close to strangers
22) Share personal information (such as your address, school name, or phone number) online	23) Get into a stranger's car	24) Tell a trusted adult if you receive a strange or mean message

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Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Resource 2b

Thumbs up/Thumbs down: Teacher comments

- Change your password regularly**
Should do. So that others do not work it out and gain access to your personal information.
- Accept phone calls and texts from strangers**
Shouldn't do. Let your parents know if a stranger calls you or texts you.
- If a car follows you, run in the opposite direction**
Should do. Also tell an adult about this.
- Talk to a trusted adult if you feel unsafe or uncomfortable**
Should do.
- If a stranger grabs you, attract attention any way you can**
Should do. Bite, kick, scratch and shout loudly for help so that others find out and come to help you.
- Open the door to a stranger if you are alone**
Shouldn't do.
- Open the door to a stranger without permission**
Shouldn't do.
- Use strictest privacy settings for all your social media**
Should do.
- Meet in person with people you met online**
Shouldn't do. This should never happen. If someone has requested this, immediately inform your parents.
- Limit how much you go on social media**
Should do. As going on social media is time consuming and often not beneficial and Islam recommends that we do beneficial things with our time, not waste it.
- Get into an elevator on your own with a stranger**
Shouldn't do. You should always travel with a trusted adult and wait for them to join you if there is a risk of being alone with a stranger.
- Return a mean message from someone online with an equally mean reply**
Shouldn't do. This is not from Islamic etiquette (manners).
- Keep passwords private except from your parents**
Should do.

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Lesson Plan

Elaborate
&
Reflect

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Whole Class Activity

Research support

Question pupils: Where can we get help if we are worried about how to respond to strangers?

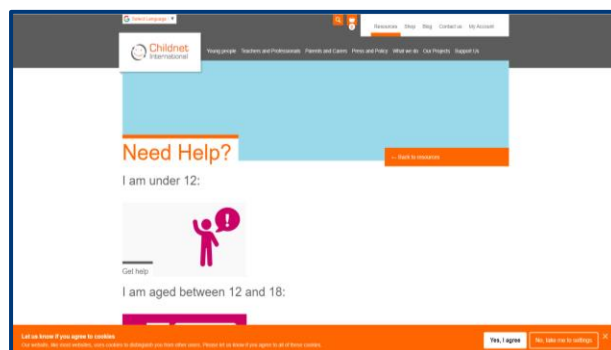
Collate answers on the board. Possible responses include:

- parents
- siblings
- teachers
- the police by phoning 999
- organisations that we can phone or contact via email

Explain that there are many organisations we can get help from if we are worried about how to respond to strangers.

Show pupils how to access contact details for the following organisations using the keyword search in **google**:

- Childline
- Childnet
- NSPCC



Lesson Plan

Evaluate
&
Review

Lessons 1-2: Responding safely and appropriately to unknown adults, including online

Whole Class & Paired Activities

Safety in Islam

Explain that Allah is the One who has control over all things. It is Allah who protects.

Allah, the Exalted says in the Qur'an:

'So establish regular prayer, give regular charity, and hold fast to Allah! He is your Protector - the Best to protect and the Best to help!'

22:78

Ask: How can we stay in the protection of Allah?

Collate suggestions on the whiteboard. Examples:

- Remain clean by doing wudhu, ghusl, cutting nails, washing after going to the toilet, etc.
- Read the protection du'as in the morning and the evening (adkaar)
- Pray your daily salah
- Do dhikr (remembering Allah) and read Qur'an daily

Review learning by referring to learning objectives and learning outcomes.

Pose questions to check understanding and clarify misconceptions using **think, pair, share:**

- What is a stranger? Can we meet strangers online too?
- Give **three** examples of how to stay safe online.
- What should you do if a stranger calls you by name while you are playing in the park?
- Name **three** places you can get support and advice if you are worried about your safety/

Resource 1a

'Stranger Danger' scenarios

1) While waiting for the bus at school, you are approached by a stranger who says, 'Your mother is sick, and she asked me to come pick you up and take you home.'

2) You are home alone and the doorbell rings.

3) You are playing an online game and the player is asking for your real name.

4) You are riding your bike in your local area and a car starts slowly following you.

5) You are playing outside when a stranger driving by stops and asks if you have seen his lost dog.

6) You are playing at a park and a stranger calls you over by name to come and talk to him.

Resource 1b

'Stranger Danger' scenarios : Teacher comments

- 1) **While waiting for the bus at school, you are approached by a stranger who says, 'Your mother is sick, and she asked me to come pick you up and take you home.'**
 - Never get in a vehicle with someone you don't know or don't know well.
 - Immediately return to the school and ask a staff member to use the phone to call your parents to confirm that they have sent the person to pick you up.
- 2) **You are home alone and the doorbell rings.**
 - Never answer the door when you are home alone.
 - Ignore the doorbell and avoid looking out windows where you are visible to individuals outside of the house.
 - If the person knocking yells through the closed door that it is an emergency, call 999 but don't open the door.
- 3) **You are playing an online game and the player is asking for your real name.**
 - Never provide identifying information over the internet, including name, age, or location, even if the person asking is a 'friend' you have made online.
- 4) **You are riding your bike in your local area and a car starts slowly following you.**
 - Seek help immediately if you feel you are being followed.
 - If there is a public place nearby, such as a shop, go in and ask for assistance from an adult who works there.
 - If you are close to your home, try to go directly home.
 - If you have a mobile and nowhere to go, call 999.

Resource 1b

'Stranger Danger' scenarios : Teacher comments

5) You are playing outside when a stranger driving by stops and asks if you have seen his lost dog.

- Never go near a stranger's car.
- Adults do not ask children for help.
- Immediately walk away and seek help from a trusted adult.

6) You are playing at a park and a stranger calls you over by name to come and talk to him.

- If you don't know the adult, you should shake your head indicating, 'no' and quickly walk away to a safe place.
- Just because an adult knows your name, it does not mean it is safe to approach the adult. The stranger may have overheard your name being called by others or read it on your clothing, backpack, etc.
- It is better to risk being 'rude' in order to ensure your safety. If it turns out the adult was a friend or acquaintance, they will understand.

(Note: Inform pupils about the difference between a 'stranger' who seeks you out and a 'stranger' you may need to seek out to ask for help.)

Resource 2a

'Stranger Danger' scenarios

1) Change your password regularly	2) Accept phone calls and texts from strangers	3) If a car follows you, run in the opposite direction
4) Talk to a trusted adult if you feel unsafe or uncomfortable	5) If a stranger grabs you, attract attention any way you can	6) Open the door to a stranger if you are alone
7) Open the door to a stranger without permission	8) Use strictest privacy settings for all your social media	9) Meet in person with people you met online
10) Limit how much you go on social media	11) Get into an elevator on your own with a stranger	12) Return a mean message from someone online with an equally mean reply
13) Keep passwords private except from your parents	14) Accept a friend request from a person you don't know in real life	15) Be polite but firm in saying, 'no' to something that makes you feel unsafe or uncomfortable
16) Hide your name and surname on your things	17) Say no-one is at home	18) Send pictures of yourself to strangers
19) Answer all the questions someone is asking (including online) so as not to be rude	20) Download things without permission	21) Get up close to strangers
22) Share personal information (such as your address, school name, or phone number) online	23) Get into a stranger's car	24) Tell a trusted adult if you receive a strange or mean message

Resource 2b

Thumbs up/Thumbs down: Teacher comments

- 1) **Change your password regularly**
Should do. So that others do not work it out and gain access to your personal information.
- 2) **Accept phone calls and texts from strangers**
Shouldn't do. Let your parents know if a stranger calls you or texts you.
- 3) **If a car follows you, run in the opposite direction**
Should do. Also tell an adult about this.
- 4) **Talk to a trusted adult if you feel unsafe or uncomfortable**
Should do.
- 5) **If a stranger grabs you, attract attention any way you can**
Should do. Bite, kick, scratch and shout loudly for help so that others find out and come to help you.
- 6) **Open the door to a stranger if you are alone**
Shouldn't do.
- 7) **Open the door to a stranger without permission**
Shouldn't do.
- 8) **Use strictest privacy settings for all your social media**
Should do.
- 9) **Meet in person with people you met online**
Shouldn't do. This should never happen. If someone has requested this, immediately inform your parents.
- 10) **Limit how much you go on social media**
Should do. As going on social media is time consuming and often not beneficial and Islam recommends that we do beneficial things with our time, not waste it.
- 11) **Get into an elevator on your own with a stranger**
Shouldn't do. You should always travel with a trusted adult and wait for them to join you if there is a risk of being alone with a stranger.
- 12) **Return a mean message from someone online with an equally mean reply**
Shouldn't do. This is not from Islamic etiquette (manners).
- 13) **Keep passwords private except from your parents**
Should do.

Resource 2b

Thumbs up/Thumbs down: Teacher comments

- 14) **Accept a friend request from a person you don't know in real life**
Shouldn't do. The person could be anyone and might not necessarily say who they are.
- 15) **Be polite but firm in saying, 'no' to something that makes you feel unsafe or uncomfortable**
Should do.
- 16) **Hide your name and surname on your things**
Should do. Only indicate one of your parent's phone numbers. 'Found my rucksack? Phone.....'
- 17) **Say no-one is at home**
Shouldn't do. If strangers find out that no adults are at home, they may try to enter.
- 18) **Send pictures of yourself to strangers**
Shouldn't do.
- 19) **Answer all the questions someone is asking (including online) so as not to be rude**
Shouldn't do. No matter how rude the other person may say or think you are, you should never answer all questions a stranger is asking, especially personal ones.
- 20) **Download things without permission**
Shouldn't do. You might end up downloading something that would allow a stranger to access your personal information. Always check with your parents before downloading anything.
- 21) **Get up close to strangers**
Shouldn't do. Always remain a safe distance away so that you have enough time to run away.
- 22) **Share personal information (such as your address, school name, or phone number) online**
Shouldn't do.
- 23) **Get into a stranger's car**
Shouldn't do. No matter who they say they are.
- 24) **Tell a trusted adult if you receive a strange or mean message**
Should do. Do not reply to the message.