

EYFS Theme Knowledge Organiser - Ready Steady Cook- Spring 1

Vocabulary

Tier 2 Vocabulary	
Bake	To cook food using heat usually in an oven.
Change	To make someone or something different.
Materials	The matter from which something can be made.
Cook	To prepare food or a meal by mixing, combining, and heating the ingredients.
Hot	Having a high degree of heat or a high temperature.
Biscuit	A small flat cake that is crisp and usually sweet.
Fruit	The sweet and fleshy product of a tree or other plant that contains seed and can be eaten as food.
Woods	An area of land, smaller than a forest, that is covered with growing trees.
Country	A place with its own government, occupying a particular area.
Surprise	An unexpected or astonishing event or object.
Tier 3 Vocabulary	
Ingredients	Any foods which are mixed together to make a particular dish.
Celebration	A social gathering or enjoyable activity held to celebrate something.
Special	Better, greater, or otherwise different from what is usual.

Knowledge

- Name and describe the season of Spring
- Know that materials change when heated.
- Know that ingredients can be mixed to create something new.
Know that certain foods keep us healthy.
- Know that different kinds of food is grown in different countries.
- Know that some food is special and is eaten as part of a celebration.

Chinese New Year is celebrated with dancing and displays.



Shrove Tuesday is celebrated by eating pancakes.



Tropical Fruit such as mangoes and pineapples grow in hot countries.



There are lots of different countries of the world. Some are far away.



Skills

GLD (Good Level of Development)

- Notice similarities and differences between autumn and winter
- Talk about the difference between their own environment and others studied.

- Observe animals and plants and talk about changes

Exceeding

- Notice similarities and differences between all four seasons
- Talk about the difference between their own environment and a variety of other habitats
- Observe animals and plants and talk about changes over time

Biscuit Bear Recipe

Ingredients

- 2 cups of all-purpose flour
- 1 teaspoon baking powder
- 3/4 teaspoon salt
- 5 tablespoons butter
- 2/3 cup milk
- Melted butter or evaporated milk to brush tops
- Bear/gingerbread man shaped cutter

Method

- 1) Combine dry ingredients
- 2) Cut in cold butter with fork and stir in milk
- 3) Knead, roll out and cut into shapes
- 4) Paint tops with butter evaporated milk
- 5) Bake at 400 °F for 12-14 minutes
- 6) Cool, then decorate – eyes, mouth etc



Working Scientifically

Pupils might work scientifically by: baking ingredients and talking about how they change. Observe and describe what happens when tasting various new foods and fruit.



Fun Fact:

Bananas come in a wide variety of colours, like green, yellow, purple and red.