

RELATIONSHIPS EDUCATION

MODULE B Caring Friendships

O11 - Characteristics of caring friendships

Year 2
Spring Term: Lesson 1



Lesson Overview

Lesson 1: Characteristics of caring friendships

Engage
&
Activate

Paired & Whole Class Activities

What is a caring friend?



10 minutes

Explore
&
Explain

Group Activity

Friendship traffic light game



20 minutes

Elaborate
&
Reflect

Whole Class & Independent Activities

Becoming trustworthy and truthful



20 minutes

Evaluate
&
Review

Whole Class & Paired Activities

Friends on the Day of Judgement



10 minutes

Lesson Plan

Lesson 1: Characteristics of caring friendships

Aim

To explore the characteristics of caring friendships

Lesson Objectives

In this lesson pupils will:

Explore the characteristics of caring friendships

Consider how to become trustworthy and truthful friends

Recognise how supporting friends in times of difficulty can strengthen relationships

Learning Outcomes

By the end of this lesson, pupils will have:

Identified the characteristics of caring friends, including mutual respect, loyalty, kindness and generosity

Reviewed how trustworthy and truthful a friend they are

Reflected on the qualities they need to develop, to become more caring friends

Key Vocabulary

generosity

mutual respect

trustworthy

loyal

Resources



Resource sheets



Pens / Pencils



Video

Lesson Plan

Engage
&
Activate

Lesson 1: Characteristics of caring friendships

Paired & Whole Class Activities

What is a caring friend?

Display Resource 1.

Ask pupils to **discuss** in pairs: What is a good and caring friend?

Take feedback from pupils and **record** their ideas on the whiteboard.

Responses may include:

- Kind
- Helpful
- Looks after you



Watch the video (1:32): What is a good friend?

Ask and **discuss**:

Did the children in the video mention anything which we didn't earlier?

For e.g. a good friend helps you when you are feeling sad or is someone you can trust.



<https://www.bbc.co.uk/bitesize/clips/zxgygk7>

Lesson Plan

Engage
&
Activate

Lesson 1: Characteristics of caring friendships

Paired & Whole Class Activities

What is a caring friend?

Explain to pupils that when our friends are **kind**, **helpful** and **trustworthy**, they have the **qualities** and **characteristics** of a good friend.

Display these words and ask pupils to remember what they mean.

Introduce learning objectives and learning outcomes.

Use children friendly alternatives:

In this lesson I will:

- **Look** at what makes a caring friend
- **Learn** how to be trustworthy and truthful
- **Know** how supporting my friends in times of difficulty can make us stronger friends

Discuss key vocabulary, **share** definitions and **explain** that caring friends have lots of qualities but especially these four; they:

- are generous
- show respect for each other
- are trustworthy
- are loyal

generous	giving more than expected
mutual respect	when two people may not agree on everything but they don't get upset over little things and are willing to work things out being an
trustworthy	honest person who doesn't lie
loyal	showing another person support all the time

Lesson Plan

Explore
&
Explain

Lesson 1: Characteristics of caring friendships

Group Activity

Friendship traffic light game

Preparation: **Print** and **cut** out **one** set of 'Friendship traffic light cards' per group (**Resource 2b**).

Explain that we will now **explore** some of the characteristics of caring friendships by playing a game.

Place pupils into groups of **four** to **six**. **Give** each group of pupils a copy of **Resource 2a**: Friendship traffic lights, and the pre-cut sets of, 'Friendship traffic light cards' (**Resource 2b**).

(Note: some of the words on the cards may require teacher explanations; **elaborate** and **give** examples as needed.)

Instruct pupils to **read** each card and then to **decide** in their groups, whether it shows:

- an uncaring friend (red light)
- warning of an uncaring friend (yellow light)
- a caring friend (green light)

Take feedback from the groups.

Lesson Plan

Explore
&
Explain

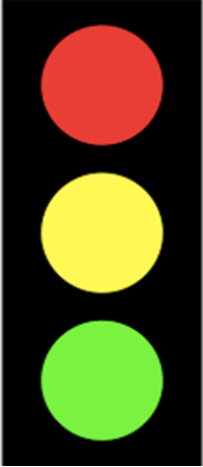
Lesson 1: Characteristics of caring friendships

Group Activity

Friendship traffic light game

Lesson 1: Characteristics of caring friendships
Resource 2a

Friendship traffic lights



Uncaring friend

Warning signs of an uncaring friend

Caring friend

<https://wikiclipart.com/friendship-clipart-3206/>

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Lesson 1: Characteristics of caring friendships
Resource 2b

Friendship traffic light cards

Is helpful	Is honest	Is kind
Is generous	Is loyal	Is respectful
Your friend lies	Doesn't listen to you	Doesn't keep your secrets
Your friend tells you what to do	Is a good listener	Your friend uses bad language
Says bad things about you to other people	Your friend makes fun of you	Is trustworthy (keeps your secrets)
Your friend hurts your feelings	Your friend makes you feel uncomfortable	Your friend doesn't listen to you

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Lesson Plan

Elaborate
&
Reflect

Lesson 1: Characteristics of caring friendships

Whole Class &
Independent Activities

Becoming trustworthy
and truthful

Remind pupils that **two** very important characteristics of caring friendships are that friends are **trustworthy** and **truthful**.

Explain that we will now be **exploring** how to develop these characteristics so that we can become better friends.

Display Resource 3a: Tips for becoming more trustworthy and truthful.

Read the **five** tips as a class.

Emphasis that supporting friends in times of difficulty leads to stronger relationships.

Lesson 1: Characteristics of caring friendships

Resource 3a

Tips for becoming more trustworthy and truthful

Here are **five** tips to help you become a more trustworthy and truthful person:

1. **Keep your promises** – if you say you are going to do something good, helpful or nice for your friend - do it.
2. **Be honest** – even if being honest means you might get into trouble, always try to tell the truth.
3. **Don't gossip** – talking negatively about others takes away trust. Remember if people gossip with you, they will gossip about you!
4. **Say sorry** – if you have done something wrong, apologise and try to make it right.
5. **Keep secrets** – if your friend tells you something which is private, don't share it with others without asking their permission (unless it is something that needs to be shared with a trusted adult to keep your friend safe).

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Lesson Plan

Elaborate
&
Reflect

Lesson 1: Characteristics of caring friendships

Whole Class &
Independent Activities

Becoming trustworthy
and truthful

Give each pupil a copy of **Resource 3b**: Am I a trustworthy and honest friend?

Explain to them that the purpose of this activity is for them to **reflect** on which of the tips they already have and use and which they need to develop.

Ask pupils to **complete** the checklist, independently.

Ask pupils to reflect on **one** quality or characteristic they would like to develop more.

Take feedback.

Lesson 1: Characteristics of caring friendships

Resource 3b

Am I a trustworthy and honest friend?

Checklist:	Never	Sometimes	Most of the time	Always
1. I keep my promises	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I am honest with my friend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I don't gossip about other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I say sorry when I have done something wrong	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I keep my friend's secrets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Lesson Plan

Evaluate
&
Review

Lesson 1: Characteristics of caring friendships

Whole Class &
Paired Activities

Friends on the
Day of Judgement

Read the following verse to the class:

‘Friends on that day will be enemies, one to another,- except the righteous.’

43:67

Explain that in the verse, Allah is referring to the Day of Judgment.

Ask pupils: What other important characteristic do we learn of a good friend from this verse? (Being righteous)

Ask pupils: What does it mean to be ‘righteous’?

Explain that it means you are a good Muslim, you **follow** the teachings of Islam, including the characteristics of being a caring friend, such as being trustworthy, truthful etc.

Review learning by referring to learning objectives and learning outcomes.

Pose questions to check understanding and clarify misconceptions using **think, pair, share**:

- What are some of the qualities of a good friend?
- What were the **five** tips to being a trustworthy friend?
- How can you become a more caring friend?

What is a caring friend?



What is a good and caring friend?

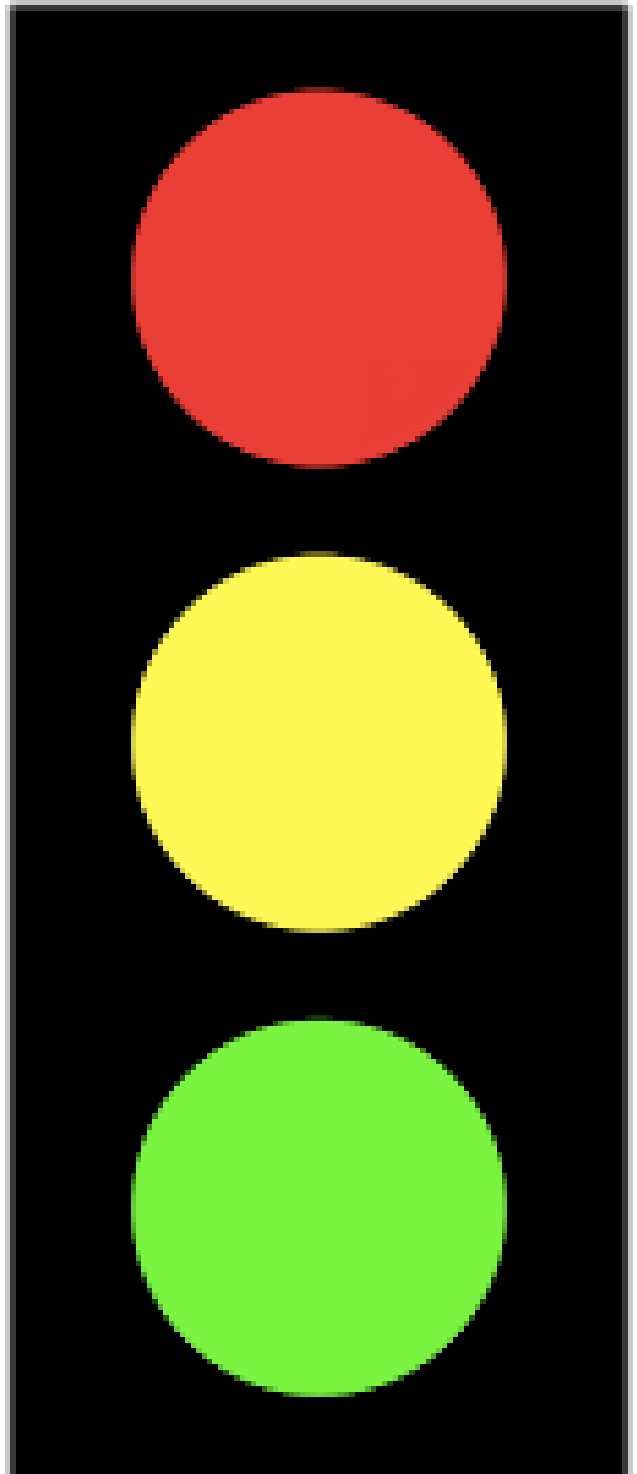
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Friendship traffic lights

Uncaring friend

Warning signs of an
uncaring friend

Caring friend



https://wikiclipart.com/friendship-clipart_3206/

Resource 2b

Friendship traffic light cards

Is helpful

Is honest

Is kind

Is generous

Is loyal

Is respectful

Your friend lies

Doesn't listen to
you

Doesn't keep
your secrets

Your friend tells
you what to do

Is a good
listener

Your friend uses
bad language

Says bad things
about you to
other people

Your friend
makes fun of
you

Is trustworthy
(keeps your
secrets)

Your friend
hurts your
feelings

Your friend
makes you feel
uncomfortable

Your friend
doesn't listen to
you

Tips for becoming more trustworthy and truthful

Here are **five** tips to help you become a more trustworthy and truthful person:

1. **Keep your promises** – if you say you are going to do something good, helpful or nice for your friend - do it.
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3. **Don't gossip** – talking negatively about others takes away trust. Remember if people gossip with you, they will gossip about you!
4. **Say sorry** – if you have done something wrong, apologise and try to make it right.
5. **Keep secrets** – if your friend tells you something which is private, don't share it with others without asking their permission (unless it is something that needs to be shared with a trusted adult to keep your friend safe).

Am I a trustworthy and honest friend?

Checklist:

Always

Most of the time

Sometimes

Never

- | | | | | |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. I keep my promises | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. I am honest with my friend | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. I don't gossip about other people | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. I say sorry when I have done something wrong | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. I keep my friend's secrets | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |