

EYFS Theme Knowledge Organiser - Ready Steady Cook- Spring 1

Vocabulary

Tier 2 Vocabulary	
Bake	To cook food using heat usually in an oven.
Change	To make someone or something different.
Materials	The matter from which something can be made.
Cook	To prepare food or a meal by mixing, combining, and heating the ingredients.
Hot	Having a high degree of heat or a high temperature.
Biscuit	A small flat cake that is crisp and usually sweet.
Fruit	The sweet and fleshy product of a tree or other plant that contains seed and can be eaten as food.
Woods	An area of land, smaller than a forest, that is covered with growing trees.
Country	A place with its own government, occupying a particular area.
Surprise	An unexpected or astonishing event or object.
Tier 3 Vocabulary	
Ingredients	Any foods which are mixed together to make a particular dish.
Celebration	A social gathering or enjoyable activity held to celebrate something.
Special	Better, greater, or otherwise different from what is usual.

Knowledge

- Name and describe the season of Spring
- Know that materials change when heated.
- Know that ingredients can be mixed to create something new.
- Know that certain foods keep us healthy.
- Know that different kinds of food is grown in different countries.
- Know that some food is special and is eaten as part of a celebration.



We should eat most of our food from the green and yellow groups. We should eat biscuits, cakes, crisps and sweets less often and in smaller amounts.

Working Scientifically

Pupils might work scientifically by: baking ingredients and talking about how they change. Observe and describe what happens when tasting various new foods and fruit.

Skills

- GLD (Good Level of Development)
- Notice similarities and differences between Winter and Spring
 - Observe animals and plants and talk about changes

There are lots of different countries of the world. Some are far away.

