WEEK 1

@ OLIVE TREE PRIMARY

	MAIN COURSE	VEGETARIAN ALTERNATIVE	SIDE	DESSERT
Monday	BAKED CHICKEN NUGGETS	BAKED VEGETARIAN NUGGETS	ROAST POTATOES & STEAMED SEASONAL VEGETABLES	SLICED ORANGE WEDGES
Tuesday	CHICKEN TIKKA & CHICKPEA CURRY & PILAU RICE	PANEER & VEGETABLE TIKKA CURRY & PILAU RICE	STEAMED CAULIFLOWER & BROCCOLI	MIXED SEASONAL FRUIT SALAD
Wednesday	QUORN AND GREEN LENTIL COTTAGE PIE	BAKED HALF JACKET POTATOES WITH CHEESE & BAKED BEANS	STEAMED CARROTS AND CUCUMBER SLICES	LOW FAT YOGURT WITH FRUIT
Thursday	BEEF & KIDNEY BEAN CHILLI WITH RICE	THREE BEAN CHILLI WITH RICE	STEAMED SWEETCORN AND GARDEN PEAS	APPLE & MANDARIN SALAD
Friday	BAKED MSC GOLDEN FISH FINGERS	BAKED BREADED VEGETABLE FINGERS	OVEN BAKED CHIPPED POTATOES & GARDEN PEAS	HOMEMADE VANILLA SHORTBREAD BISCUIT

SELECTION OF SANDWICHES ON WHOLEMEAL BREAD AVAILABLE DAILY

WEEK 2

@ OLIVE TREE PRIMARY

	MAIN COURSE	VEGETARIAN ALTERNATIVE	SIDE	DESSERT
Monday	BAKED LAMB BURGER ON A SOFT BUN	VEGGIE BURGER ON A SOFT BUN	STEAMED SWEETCORN & GARDEN PEAS WITH GARDEN SALAD	MIXED FRUIT SALAD WITH REDUCED SUGAR CUSTARD
Tuesday	BEEF & LENTIL SPAGHETTI BOLOGNESE	VEGETABLE & LENTIL SPAGHETTI BOLOGNESE	GARLIC BREAD & GARDEN SALAD	FRESH SEASONAL FRUIT SALAD
Wednesday	SWEET & SOUR QUORN CURRY WITH RICE	QUORN ROAST IN GRAVY WITH YORKSHIRE PUDDING AND MASHED POTATOES	STEAMED MIXED VEGETABLES	LOW FAT YOGURT WITH FRUIT
Thursday	PIRI PIRI CHICKEN, CHICKPEA AND SALSA WRAP	FALAFEL, CHICKPEA AND SALSA WRAP	SAVOURY RICE WITH SWEETCORN AND DICED CARROTS	SLICED ORANGE WEDGES
Friday	HOMEMADE CHICKEN PIZZA WITH OVEN BAKED CHIPPED POTATOES	CHEESE & ONION ROLLS WITH OVEN BAKED CHIPPED POTATOES	GARDEN PEAS	ICED BIRTHDAY CAKE SLICE
SELECTION OF SANDWICHES ON WHOLEMEAL BREAD AVAILABLE DAILY				

WEEK 3

@ OLIVE TREE PRIMARY

	CHOICE 1	CHOICE 2	SIDE	DESSERT
Monday	BEEF & LENTIL PASTA BOLOGNESE	VEGETABLE & LENTIL PASTA BOLOGNESE	SEASONAL GARDEN SALAD & CRUSTY BREAD	PEAR & MANDARIN SALAD
Tuesday	CHICKEN FAJITA ON A WHOLEMEAL SUB ROLL	MIXED BEAN FAJITA ON A WHOLEMEAL SUB ROLL	BAKED SEASONED POTATO WEDGES	MIXED FRUIT SALAD WITH REDUCED SUGAR CUSTARD
Wednesday	VEGGIE DHAL WITH CHANA DAL RICE	CHICKPEA & SPINACH CURRY WITH CHANA DAL RICE	STEAMED BROCCOLI AND CAULIFLOWER WITH CUCUMBER PIECES	LOW FAT YOGURT WITH FRUIT
Thursday	LAMB KHEEMA & POTATO CURRY WITH PEA PILAU	CHEESE & TOMATO FLAN WITH STEAMED BABY POTATOES AND BAKED BEANS	STEAMED CARROT CUBES	MIXED SEASONAL FRUIT SALAD
Friday	BAKED FISH CAKES & OVEN CHIPPED POTATOES	VEGETABLE CAKES & OVEN CHIPPED POTATOES	GARDEN PEAS	ORANGE CAKE

SELECTION OF SANDWICHES ON WHOLEMEAL BREAD AVAILABLE DAILY